

INCENTIVES

In today's fast-paced corporate world, a rejuvenated team is invaluable. Palmaia - The House of AïA, Mexico's premier wellness resort, offers holistic incentive trips that nurture body, mind, and spirit, fostering a productive work environment. Book now with a minimum of 10 rooms or 12 guests for 3 nights to receive the following perks:

Benefits:

-  Enjoy private access to wellness areas*
-  Join expert-led wellness sessions*
-  Palmaia provides all equipment for activities*
-  Beachfront rooms with eco-friendly, cruelty-free amenities.
-  Exclusive discounts for stays 3 nights before and after your trip.
-  Get 1 free room for every 10 paid rooms, up to 2.
-  Enjoy 1 free upgrade per 10 rooms, up to 2.
-  Discounted rates on Atlantis Jungle Spa services.
-  On-site Retreat Coordinator Expert.
-  Welcome drink upon arrival.
-  Personalized sign at check-in.

We suggest groups from **12 to 35 people.**



Here's a glimpse into what a typical 5-day Incentive Trip with us might look like without any extra charge, you can use this itinerary as a template for your group with the inclusions before mentioned:

DAY 1: ARRIVAL & GROUNDING

3:00 PM: Check-In
5:00 PM: Tibetan Bowls**
6:30 PM: Dinner
8:30 PM: Night Cocktail

DAY 2: DEEPENING THE EXPERIENCE

8:00 AM: Pranayama**
9:30 AM: Breakfast
1:00 PM: Lunch
5:00 PM: Meditative Concert**
6:30 PM: Dinner

DAY 3: CULTIVATING INNER PEACE

8:00 AM: Soft Yoga**
9:30 AM: Breakfast at Su Casa
11:00 AM: Cacao Ceremony**
1:00 PM: Lunch
6:30 PM: Dining

DAY 4: RECONNECTING WITH YOUR ESSENCE

8:00 AM: Deep Healing Mantras**
9:30 AM: Breakfast
1:00 PM: Lunch
5:00 PM: Gratitude Ceremony**
6:30 PM: Dinner

DAY 5: INTEGRATION AND DEPARTURE

8:00 AM: Gratitude Meditation**
9:30 AM: Breakfast
12:00 PM: Check-Out

Terms & Conditions: *Restrictions apply. Limited availability daily. **Private sessions by Palmaia. This is a suggested itinerary subject to confirmation with our Retreat Coordinator based on hotel availability at booking. Changes to the itinerary may incur additional charges. Activities may vary by date and are recommended by the hotel. All sessions must be between 8 AM and 5 PM to avoid extra fees. Itinerary is subject to change without notice. Meals are booked in regular hotel areas (not private) for up to 35 people.

For details, contact our Sales Department.



CONTACT US:

To book your holistic retreat or learn more about capacities, our payment schedule, cancelations and more, please contact our Sales Department.

☎ +52 (984) 378 0005 ext. 8542 📱 +52 (984) 179 4043

✉ ktovar@thehouseofaia.com | sales@thehouseofaia.com