



kozeen spas

Treatment Menu

# KORRES

## **Kozeen Spa and KORRES in perfect harmony**

Kozeen Spa has joined forces with KORRES spa and beauty products, to offer you a series of signature treatments for face and body.

KORRES has earned its enviable reputation thanks to the brand's commitment to working in harmony with nature while respecting the earth's wonderful natural resources. Kozeen Spa and KORRES are therefore perfectly suited, as we value the powerful extracts, pure raw materials and innovation that the KORRES brand stands for.

These are incorporated in our signature massage techniques for a beautifully balanced, deep and lasting spa experience that benefits both body and mind.



# Kozeen Spa Discovery Rituals

## **KORRES Golden Krocus Time Reverse face and body**

A luxuriously powerful composition for the body, face and eyes, inspired by a rare flower of the Greek land, the majestic Krocus (Safran) of Kozani. Korres products carefully blended with the rich ingredients for both the face and body, forming a protective shield made of gold! This universal anti-aging solution is ideal for all skin types, starting with a full body scrub and wrap offering deep hydration and antioxidant protection, followed by a full body relaxing massage for intense hydration and elasticity and ending with a luxurious facial treatment that counteracts the harmful free radicals that cause premature skin aging.

Duration: 2 hours 55 minutes | **€250**

## **Kozeen Spa Couples Ritual**

A nourishing and deeply calming bespoke full body massage followed by a Greek Yoghurt (Aegean) Dazzling Glow/Everyday Booster to brighten and lighten the complexion, leaving you with a radiant, balanced glow and relaxed with a glass of Champagne.

Duration: 1 hour 55minutes | couple price **€275**

## **Restore & Revitalize**

Relax and rejoice with this top-to-toe ritual that reconnects the body, mind and soul. This body boost includes a full-body scrub, full-body wrap, signature massage and facial. Surrender to the ultimate renewal and power of this experience as expert hands apply a sequence of techniques to nurture and heal. Face and body feel refreshed, while tired muscles are eased and energized. This is a truly all-embracing spa experience that renews your energy and resets your emotions, leaving your soul refreshed and smiling with delight.

Duration: 2 hours 45 minutes | **€210**

## **KORRES Wild Rose Silk Emotions Ritual**

A trademark treatment that is synonymous with the KORRES brand's history, the Wild Rose ritual experience demonstrates significant repairing action against fine lines and pigmentation disorders. Powered by high-level vitamin Super C, linoleic and linolenic acid, which are known for their significant moisturizing, healing and softening properties, this complete body care treatment revitalizes the skin and counters the signs of fatigue. It deeply moisturizes the skin, smooths wrinkles and gives you a healthy and radiant look

Duration: 90 min | **€125**



# Kozeen Spa Discovery Rituals

## **Dream journey**

This dreamy treatment is the perfect solution for insomnia and restless minds, deeply relaxing the nervous system. Re-connect to your inner space of tranquility, release and let go of tension and restore your natural rhythm of sleep.

Starting with a foot ritual, followed by a soothing pure natural scrub, a full body massage, mini facial and ending to a foot massage, the Dream Journey will relax and restore the lymphatic system in preparation for your body pampering. Sweet dreams...

Duration: 2 hours | **€160**

## **Luxurious Gold**

Give your body a luxurious treat, for intense hydration and elasticity, inspired by a rare flower of the Greek land, the majestic Krocus (Safran) of Kozani. This treatment is ideal for all skin types, starting with a full body scrub and wrap offering deep hydration and antioxidant protection followed by a full body relaxing massage that nourishes and softens the skin.

Duration: 1 hour 55 minutes | **€170**



# Kozeen Spa Greek Earth Signatures

## Athina

An exquisitely relaxing treatment. Our hammam welcomes you with a sea salt exfoliation, followed by milk – honey body mask. Revitalizing head and hair treatment, cleansing to a natural soap hot foam massage and completed to a milk cream hydration massage. A deeply relaxing, blissful blessing for your body, mind and soul.

Duration: 75 minutes | €110

## Nostalgia

This massage involves long and flowing strokes using changeable and connective movements of the lower arms, allowing relaxation of the joints and inducing a sense of deep relaxation. A feeling of care, touch, cocooning. For an experience of total relaxation this treatment uses a combination of rhythmic touch, scented warm oils.

Duration : 50 minutes | €85

## Mastic

A combination of various massage techniques with essential oils of the Mediterranean mastic, that rejuvenates, relaxes and tones all the tensed areas of your body. The seductive fragrance of the mastic transfers all the primeval energy of the Greek land.

Duration: 50 minutes | €85

## Oleo Breeze

Based on the centuries of old Greek tradition using olive oil, water and light massage therapy, this nourishing treatment starts with a herbal scrub made from local sea salt and olive oil to remove dead cells leaving the skin soft and rejuvenated. It concludes with a body massage using olive oil infused with essential oils tailored to individual needs. It has a detoxifying and thoroughly relaxing effect.

Duration: 70 minutes | €100

## Melissia

Heat and honey are good for the skin and support the body's energy balance. The Honey Concept combines the power of heat with activating and balancing massage techniques. The application of gentle heat promotes circulation and relaxes muscles, which in turn helps loosen stubborn knots during massage. An amazing multi-faceted treatment, the results of which include a special experience for the senses.

Duration: 50 minutes | €85





# Facial Treatments

## **KORRES Beauty Shots - Everyday Booster**

Tapping into the great botanical power of fruit and plant ingredients in combination with the innovations of KORRES products, this treatment has been specifically designed to give any skin type an intensive everyday boost. The treatment is individually customized to address skin needs such as dryness, dehydration, congestion and sensitivity. Ideal for normal or combination skin, teenage skin, or for those who need a calming natural skincare regime, it increases skin hydration and elasticity, nourishes and softens, offering long-lasting moisturization and nourishment.

Duration: 55 min | **€75**

## **KORRES Mini Everyday Booster**

A tailor made mini facial for those who need a calming natural skincare regime which increases skin hydration and elasticity, nourishes and softens the skin. The combination of the great botanical power of fruit and plant ingredients and the innovations of KORRES products, makes this treatment ideal to give any skin type an intensive everyday boost offering long-lasting moisturization and glow.

Duration: 25 min | **€50**

### **KORRES Greek Yoghurt (Aegean) Dazzling Glow**

Greek yoghurt, an ingredient known historically for its moisturizing action, has a high concentration of probiotics and prebiotics which help strengthen the skin's immune system. This light texture facial treatment is at the same time pleasantly cooling and deeply moisturizing, giving your skin a youthful and relaxed look. Ideal for dull or dehydrated skin.

Duration: 55 min | **€85**

### **KORRES Golden Krocus Time Reverse**

A luxuriously powerful composition for the face and eyes ideal for all skin types. The rare flower of the Greek land, the majestic Krocus (Safran) of Kozani, carefully blended with the rich ingredients of KORRES facial products, forms a protective shield made of gold! This universal anti-aging solution, offers deep hydration and antioxidant protection, thanks to the beta-glucans it contains. Counteracts the harmful free radicals that cause premature skin aging.

Duration: 70 min | **€130**

### **KORRES Total Man**

This unique facial treatment was formulated specifically for men's skin types. It addresses common issues such as razor burn, ingrown hair and sensitivity. Erase discomfort and dullness and enjoy the nourishing, strengthening and soothing effect of this total care solution.

Duration: 55 min | **€75**

### **Eye Revival**

A treatment specifically designed to enhance the condition of the eye area, combating not only puffiness and dark circles but also reducing the appearance of fine lines wrinkles and at the same time firming and improving elasticity in the eye area. We combine KORRES products and signature eye massage techniques that stimulate circulation, improve lymphatic drainage, leaving you with a refreshed and awake result.

Duration: 25 min | **€50**



## **KORRES Soft Sensation**

This relaxing full-body gentle exfoliation is customized to your individual needs. We will help you choose from a carefully selected range of refining KORRES body polishes that allow you to tap into the power of rich antioxidants and natural extractions to exfoliate, smooth and renew skin cells, for a hydrated, healthier, younger look all over.

Duration: 25 min | **€50**

## **KORRES Santorini Grape Velvet Senses**

Rich in antioxidants, this soothing natural face and body treatment will help blur imperfections, smooth textured skin, and replenish the skin with moisture. Powered by the Santorini Grape Extract which is full of polyphenols, resveratrol and higher elements, it helps counter the harmful effect of free radicals that cause skin aging. Enjoy a relaxing massage while KORRES body smoothing milk nourishes even the most problematic and dry skin.

Duration: 90 min | **€125**

## **KORRES Aegean Luminous Bronze Pre-Sun**

This expertly developed treatment for effective skin protection before you enjoy the summer sun starts with a special full body exfoliation, while a warm body mask feeds your skin with a high concentration of kumquat and vitamin C to enhance its shine and elasticity, and shield it against sunburn. To complete the treatment, a light moisturizing mousse with hyaluronic acid smooths out imperfections, adds radiance that gives your skin a natural glow and youthful appearance.

Duration: 70 minutes | **€100**

## **KORRES Greek Yoghurt Soft Touch After-Sun**

Greek yoghurt was traditionally an after-sun skincare for face and body. As a natural source of lactose, proteins, minerals and vitamins, it increases the water content of the top layers of the skin, instantly relieving tight and dry skin. This light texture face and body treatment is at the same time pleasantly cooling, ideal for a dehydrated sun-exposed skin, ensures long-lasting hydration and contributes to the regulation of the body's hydration levels.

Duration: 70 minutes | **€100**

# Vegan Friendly Skincare

Discover a new series of vegan skincare treatments now available in Greece, for which we are incredibly proud. We have carefully selected products with naturally derived ingredients, sourced sustainably with just a dose of science, to deliver every skin the care it really needs.

Natural Spa Factory features over 100 products made with exclusively vegan ingredients that do not contain animal derivatives or any other animal-derived substance and is against animal testing. Moreover, they do not contain parabens, SLS, MI, MCS or microbeads, while some of their dry masks, scrubs and oils do not even contain preservatives.

## Superfood Skin Quench

Gentle enough for all skin types, this treatment cleanses, detoxes, nourishes and leaves your face glowing, thanks to the gentle combination of raw coconut oil and superfood active ingredients.

Literally food for your skin!

Duration: 55 minutes | €75

## Botanical Boost

A botanical treatment with wild rose salt scrub and rosemary & guarana body mask, incredible ingredients that will nourish and soothe your body, giving it the boost it really needs to draw out toxins and tackle water retention.

Duration: 55 minutes | €85

## Raw Cocoa, Coconut and Coffee

An amazingly invigorating experience that will leave your skin detoxed, toned and glowing. We start with a body scrub made of ground coffee, sea salt and enriched oils to stimulate circulation and improve skin tone. We continue with an anti-oxidizing chocolate body wrap and an illuminating express facial with liquid chocolate. Our one-of-a-kind ritual finishes with a sublime raw coconut oil massage.

Duration: 90 minutes | €135



## Kozeen Spa Signature Massage

This rhythmic body massage was created to restore your balance and re-align energy flow. A choice of aromatic oils is available to address diverse individual needs and help you achieve enhanced mind and body wellness.

Duration: 55 minutes | €85

## Melt Away Candle Massage

Give in to the flowing strokes of this warming and nourishing candle massage. Subtly scented oils were selected for their particular qualities and ability to relax the muscles and relieve tension, leaving your skin smooth and fragrant.

Enjoy our signature scents.

Duration: 55 minutes | €85

## Mum to Be (Pregnancy)

This nurturing and rhythmic pregnancy massage addresses mind and body to promote balance and wellness for both mother and baby. It enhances the function of muscles and joints, improves circulation and general body tone, and relieves mental and physical fatigue.



Duration: 60 minutes | €90

## After sun Aloe Butter Massage

Replenish your thirsty body.

This treatment is just what you need to hydrate and nourish your skin after sun exposure. This replenishing treatment will prolong your tan, prevent peeling and saturate your skin with a much needed moisture boost. The perfect treatment for anyone who has spent time in the sun and doesn't want the effects of sunburn.

Back Neck 25 minutes | €50

Full Body 55 minutes | €80

## Legs and Feet Massage

A leg massage reduces tension and pain, heavy legs, releases energy blockage, generates flexibility in muscles, and improves muscular problems.

Duration: 25 minutes | €50

## Face & Head Massage

This head massage completely eliminates the heaviness you may be feeling. Stressed or just tired, a face and head massage together will give you positive results. Mild massage on specific parts of the head will take away all the negative energy accumulated and will act therapeutically against headaches, sinus or cold.

Duration: 25 minutes | €50

## Therapeutic Massage

Especially recommended for anyone suffering from aches, pains and stiffness, this full body massage will ease tense muscles and bring harmony to body and mind.

Duration: 55 minutes | **€80**    75 minutes | **€95**

## Deep Tissue Massage

Re-charge your body and kick-start your circulation with this deep tissue massage. The powerful detoxifying essential oils of juniper, mint and lemon myrtle will help relieve muscle tension in specific areas of the body, either to release lactic acid build-up and muscle stiffness due to over-exertion in the gym, or to reduce fluid retention and improve poor circulation associated with cellulite conditions. An effective way to recondition your skin tone and feel free from aches and pains.

Duration: 55 minutes | **€85**

## Back and Neck Massage

Ideal for those who require focused attention on the back, this massage is designed to release tension in the back, shoulders and neck. Using a fusion of different techniques, your therapist will customize the strokes to ensure that you leave feeling relaxed, supple and smooth.

Duration: 25 minutes | **€50**

55 minutes | **€85**

## Hot Stone Massage

### Smooth and soothing stress relief

This is one of the most relaxing and soothing massage techniques, using heated, smooth lava stones and essential oils. The stones are placed on the body and used to massage specific points in order to ease muscle tension and soothe damaged soft tissue. The process will relieve overall stress and anxiety, allowing you to rediscover inner tranquility and balanced energy flow.

Duration: 60 minutes | **€95**

## Couples Romance

Enjoy a 50 minute relaxing healing touch massage with hot oils followed by a 30 minute private romantic jacuzzi in our exclusive couples suite

Duration: 80 minutes | **€195**    includes: sparkling wine for two

## The Traditional Royal Hammam

The royal roman times. This full body treatment allows the skin to breathe by way of thorough face and body exfoliation (kese) and the removal of dead cells from the skins surface. This leads to increased blood flow, and leaves your skin feeling supple and refreshed. Following is a freshly scented and relaxing natural olive soap hot foam massage as well as a hair wash. Your treatment completes to a full body hot oil massage.

Feel the roman times.

Duration: 65 minutes | **€95**

Add-ons: Chocolate mask/Milk and Honey mask    15 minutes | **€25**

# Journey Package Offers

## Journey 1

- soft sensation scrub
- mini everyday booster facial
- mastic full body massage

Duration: 1 hour 45 minutes    ~~€186~~ | **€160**

## Journey 2

Greek earth signature combo

\* these treatments can be booked on different dates

- melissia                            | 55min.
- oleo breeze                        | 70min.
- nostalgia or mastic            | 55min.    ~~€265~~ | **€235**

## Journey 3

- traditional hammam
- hot stone massage
- Greek Yoghurt (Aegean) Dazzling Glow

Duration: 2 hours 30 minutes    ~~€275~~ | **€235**

## Journey 4

- any choice of 3 massages (55min. €85 each)

this offer is per person    ~~€255~~ | **€210**

## Journey 5

Greek goddess

- Athina
- Every Day Booster facial

Duration: 2 hours 10 minutes    ~~€185~~ | **€160**



# Hands & Feet

## Hand Treatments

### Spa Manicure

A full manicure treatment including exfoliation, nourishing hand mask and a soothing hand massage, followed by an application of nail varnish of your choice.



Duration: 35 minutes | **€35**

## Foot Treatments

### Spa Pedicure

A full pedicure treatment to soothe your tired feet, including exfoliation, foot mask and a relaxing foot massage, followed by an application of nail varnish of your choice.



Duration: 45 minutes | **€45**

Re-shape & polish

Duration: 20 minutes | **€20**

Shellac manicure - French manicure

**+ €15**

Shellac removal

| **€20**

# Epilation (Waxing)

Full-leg	<b>€30</b>
Full-leg & bikini line	<b>€40</b>
Half-leg	<b>€20</b>
Bikini line	<b>€12</b>
Upper lip & chin	<b>€12</b>
Back	<b>€20</b>
Underarm	<b>€10</b>
Chest	<b>€25</b>
Half-arm	<b>€15</b>
Full-arm	<b>€20</b>
Eyebrow shaping (waxing or tweezers)	<b>€12</b>

# Hair Services | Make-up

at available spas

# Kozeen Spa Etiquette

For the comfort, safety and undisturbed relaxation of all our guests, please respect the following guidelines at all times:

## General guidelines

- Kozeen Spas & facilities are open to persons aged 16 and over.
- Upon arrival and prior to using the facilities, all guests will be required to complete and sign a health & lifestyle questionnaire.
- Kozeen Spas and its environs are strictly NO SMOKING areas.
- To maximize the benefits of your Kozeen Spas experience, mobile phones are not allowed in the spa areas. Please leave them switched off in your locker.
- Please leave all valuables in your locker. Kozeen Spas is not liable for loss of or damage to a guest's personal belongings.
- Please conduct all conversations at levels consistent with a relaxing spa environment.
- Shower towels and bathrobes are placed in your lockers. Please do not take shower towels and bathrobes outside.
- Always shower before using pool facilities and between sauna and steam rooms. Robe and slippers should be worn in all spa areas.
- Swimwear is compulsory in the steam, sauna and pool areas.
- A towel should always be placed on sauna and steam room benches between your body and the bench.
- In the gym and fitness area, comfortable sportswear is recommended and appropriate footwear is required.
- Please do not leave toiletries in showers or wet vanity areas.
- Shaving is permitted in the men's changing rooms. However, please ensure that wet vanity areas are left clean. Shaving in the saunas and steam rooms is strictly forbidden. Please do not use the waste bins for the disposal of razors.
- Please do not add oils or other products to the sauna bucket water without first speaking to a member of staff.
- Ensure that you drink plenty of fluids to re-hydrate after using the sauna and steam rooms.
- Please place all used towels in the baskets provided.
- Food & beverages are not permitted in the spa & fitness areas for consumption during your visit. Refreshments are available from the health bar.
- If you have a gift voucher, please remember to bring this with you and hand it to our reception staff upon arrival.
- All facilities are subject to availability.

### **If you have booked a spa treatment**

- Please arrive in good time to enjoy the facilities and ensure that you are ready to be escorted by your therapist at the allocated time. **LATE ARRIVAL WILL RESULT IN A SHORTENED OR AMENDED TREATMENT BEING OFFERED WITHOUT REFUND.**
- Underwear or suitable swimwear should be worn in the treatment room and during treatments. For some treatments your therapist will provide disposable undergarments, and suitable towel draping will be used at all times.
- During treatments, please let your therapist know if you are uncomfortable, too warm or too cold, or if her pressure is too light or too firm. Your comfort and care are our greatest concern and priority.
- If you have a particular injury or physical condition, please advise your therapist. Appropriate adjustments to the treatment will be made for your comfort and enhanced benefit.

- There is no pressure to talk during a treatment. If you have any questions or would like to talk, feel free to do so. If you prefer silence, that is entirely up to you. Our therapists will take their cue from you.

### **Cancellation Policy**

Please note that 24 hours' cancellation notice is required for all bookings and services, otherwise 50% of the total treatment price will be charged. Credit card details may be required in order to confirm a booking.

We hope you will enjoy this interlude of pampering and relaxation. Your comments are always welcome.





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